The Robert Scott Bell Show: Homeopathic Hits - Phaseolus Nanus

Phaseolus nanus: The Heart Palpitation and Diabetic Urine Remedy

Introduction:
Today's Homeopathic Hit is Phaseolus nanus, or Dwarf-bean. In Boericke's materia medica, its most pronounced traditional picture involves fearful heart palpitations, a rapid or weak pulse, slow sighing breathing, and associated head and eye symptoms.

Origin of Phaseolus nanus:
Known as the dwarf-bean, Phaseolus nanus is described in Boericke through characteristic cardiac, urinary, respiratory, head, and eye symptoms. Diabetes and fluid collections around the lungs or heart appear in the historical description, not as established treatment indications.

Key Characteristics and Primary Uses

Fearful Heart Palpitation: Marked pounding or racing of the heart accompanied by a feeling that death is approaching.
Rapid or Weak Pulse: Boericke describes a rapid pulse and, in the cardiac symptom picture, a weak pulse.
Sick Feeling Near the Heart: A distressing, sick sensation is experienced about the heart.
Slow, Sighing Breathing: Breathing is described as unusually slow and sighing.
Chest and Rib Symptoms: Soreness of the right ribs accompanies the broader chest picture.
Pleural or Pericardial Effusion: Boericke mentions fluid collecting around the lungs or heart, described historically as dropsical effusion.
Frontal and Orbital Headache: A feeling of fullness in the brain with aching over the forehead or around the eyes.
Worse with Exertion: Head pain intensifies with any movement or with mental effort.
Dilated, Unresponsive Pupils: The eyes are described as having enlarged pupils unresponsive to light, with eyeballs painful to touch.
Diabetic Urine: The urinary entry is brief and reads “diabetic urine”; the excerpt provides no additional urinary keynotes.

Dosages and Potencies

Boericke's Dose: “Sixth and higher.” He also mentions a decoction of bean shells as a drink for diabetes, with a warning about severe headache. This is a historical note, not a present-day dosing recommendation.
Low to Medium Potencies: 6x, 6c, 10x, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on Boericke’s listed comparisons and traditional symptom matches for palpitation, weak pulse, chest distress, and accompanying headache. These are materia medica comparisons, not evidence of efficacy.
Crataegus: Boericke-listed comparison for the prominent heart and circulation symptom picture.
Lachesis: Boericke-listed comparison where cardiovascular disturbance and intense distress are emphasized.
Digitalis: Additional traditional comparison for slow or weak cardiac activity and palpitation.
Cactus grandiflorus: Additional symptom-based comparison for a strong, distressing sensation around the heart.
Spigelia: Additional comparison for pronounced palpitations and chest discomfort.
Arsenicum album: Additional traditional comparison where cardiac anxiety and fear of death dominate.
Glonoine: Additional comparison for congestive head sensations and strong headache symptoms.
Apis mellifica: Additional comparison where fluid retention or swelling is a notable part of the picture.
Lycopodium: Helpful in cases of pancreatic dysfunction, including diabetes.
Iris: Also helpful in cases of pancreatic dysfunction, including diabetes.
Cuprum met: Heart rhythm and vascular inflammation indications.

Cautions:
Palpitations with weak pulse, difficulty breathing, suspected fluid around the heart or lungs, or pupils unresponsive to light require prompt medical evaluation. Severe symptoms may be emergencies. Diabetes requires evidence-based monitoring and treatment; do not substitute bean-shell decoctions or homeopathy for prescribed care.

Conclusion:
Phaseolus nanus stands out in Boericke for fearful heart palpitation, pulse disturbance, slow sighing breathing, frontal or orbital headache worse from exertion, and the brief notation of diabetic urine.

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This content is for educational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. Always consult your healthcare provider before beginning any remedy.