The Robert Scott Bell Show: Homeopathic Hits - Myosotis symphytifolia

Myosotis symphytifolia: The Bronchitis, Night-Sweats and Mucus-heavy Cough Remedy

Introduction:
Today's Homeopathic Hit is Myosotis symphytifolia, commonly known as Forget-me-not. Boericke highlights this remedy for chronic bronchitis, phthisical (tubercular) states, night-sweats, and respiratory complaints marked by profuse muco-purulent expectoration, gagging, vomiting during cough, and pain in the lower left lung.

Origin of Myosotis symphytifolia:
Prepared from Forget-me-not, Myosotis symphytifolia reflects a focused respiratory remedy picture. Its action centers on chronic bronchial irritation, excessive mucus discharge, cough that may provoke gagging or vomiting, and soreness or pain in the lower left lung during coughing.

Key Characteristics and Primary Uses

Chronic Bronchitis: Boericke places this remedy in chronic bronchitic states with persistent respiratory irritation.
Phthisical States: The remedy is noted in relation to phthisis, the older term historically used for wasting lung disease, like tuberculosis.
Night-Sweats: Night-sweats are part of the remedy picture and may accompany the chronic respiratory state.
Profuse Muco-purulent Expectoration: The cough may bring up abundant mucus mixed with pus-like material.
Gagging During Cough: Coughing may become severe enough to produce gagging.
Vomiting During Cough: Vomiting may occur during coughing spells, especially in the respiratory picture Boericke describes.
Worse While or After Eating: The cough may be aggravated while eating or after eating.
Bronchorrhoea: Excessive bronchial secretion is a key feature of the remedy picture.
Left Lower Lung Pain: Pain is noted in the lower left lung, especially during cough.
Sensitivity to Percussion: The affected lung region may be painful and sensitive when percussed.

Dosages and Potencies

Boericke's Dose: Tincture to second potency.
Low to Medium Potencies: 1x, 2x, 3x**,** 6x, 6c, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on chronic bronchitis, night-sweats, profuse muco-purulent expectoration, gagging or vomiting during cough, bronchorrhoea, and lower left lung pain

Antimonium tartaricum: Compare where the chest is loaded with mucus and expectoration is difficult or excessive.

Kali bichromicum: Compare in thick, stringy, or muco-purulent respiratory discharges.

Ipecacuanha: Compare when cough is accompanied by gagging, nausea, or vomiting.

Drosera rotundifolia: Compare in spasmodic cough with gagging or vomiting from the force of the paroxysm.

Stannum metallicum: Compare in chronic bronchial weakness with profuse expectoration and respiratory exhaustion.

Phosphorus: Compare in chronic lung complaints with cough, chest sensitivity, and weakness.

Tuberculinum: Compare in deep chronic respiratory constitutions with night-sweats and phthisical tendencies.

Bryonia alba: Compare when cough is painful and chest or lung soreness is aggravated by motion or coughing.

Cautions:

Chronic bronchitis, night-sweats, profuse muco-purulent expectoration, vomiting with cough, or lung pain should be evaluated by a qualified health professional. Persistent night-sweats or symptoms historically described as phthisis require proper medical assessment and should not be ignored.

Conclusion:

When chronic bronchial irritation is marked by profuse muco-purulent expectoration, when coughing produces gagging or vomiting, when symptoms worsen around eating, and when pain centers in the lower left lung with night-sweats, Myosotis symphytifolia reflects Boericke's focused remedy state - a Forget-me-not remedy centered on chronic bronchitis, bronchorrhoea, phthisical tendencies, and painful cough.

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