The Robert Scott Bell Show: Homeopathic Hits - Menispermum Canadense

Menispermum canadense: The Restless, Sick Headache and Spinal Pain Remedy

Introduction:
Today's Homeopathic Hit is Menispermum canadense, commonly known as Moonseed. Boericke presents this remedy for megrim associated with restlessness and dreams, pain in the spine, dryness and itching over the body, and dryness of the mouth and throat.

Origin of Menispermum canadense:
Prepared from the Moonseed plant, Menispermum canadense reflects a remedy picture centered on sick headache, pressure in the head, spinal pain, soreness of the limbs, and dry, itching sensations of the skin and mucous membranes.

Key Characteristics and Primary Uses

Megrim: Boericke notes this remedy for megrim (low spirits), or sick headache, especially when associated with restlessness and dreams.
Pressure in the Head: The head may feel as though pressure is moving from within outward.
Sick Headache Pattern: Pain may begin in the forehead and temples and move toward the occiput.
Pain Down the Back: Head symptoms may be accompanied by stretching, yawning, and pain extending down the back.
Spinal Pain: Pain in the spine is part of the remedy picture.
Dry Mouth and Throat: Dryness of the mouth and throat is noted.
Tongue and Saliva: The tongue may feel swollen, with much saliva.
Dryness and Itching: Dryness and itching may be felt all over the body.
Restlessness and Dreams: The headache picture may be linked with restlessness and disturbed dreaming.
Bruised Leg Sensation: The legs may feel sore, as if bruised.
Extremity Pains: Pains may occur in the back, thighs, elbows, and shoulders.

Dosages and Potencies

Boericke's Dose: Third potency.
Low to Medium Potencies: 3x, 3c, 6x, 6c, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on megrim, sick headache, restlessness, dreams, spinal pain, dryness, itching, and Boericke's listed comparisons

Cocculus indicus: Boericke lists Cocculus for comparison, especially fitting sick headache, dizziness, and nervous exhaustion patterns.

Bryonia alba: Boericke lists Bryonia for comparison, especially where headache, dryness, and aching pains are prominent.

Gelsemium sempervirens: Compare in heavy headache, weakness, dullness, and pain extending into the back or occiput.

Nux vomica: Compare in sick headache with irritability, restlessness, digestive disturbance, and disturbed sleep.

Sanguinaria canadensis: Compare in sick headaches that travel through the head, especially toward the occiput.

Natrum muriaticum: Compare in chronic headache states with dryness and marked constitutional sensitivity.

Rhus toxicodendron: Compare when spinal aching, bruised soreness, restlessness, and itching are prominent.

Cautions:

Severe headache, new or unusual headache patterns, neurological symptoms, persistent spinal pain, or widespread itching should be evaluated by a qualified health professional. This remedy discussion is educational and should not be used to delay diagnosis or treatment.

Conclusion:

When sick headache moves from the forehead and temples toward the occiput, when pressure feels as though it pushes from within outward, and when restlessness, dreams, spinal pain, dryness, itching, swollen tongue, and bruised limb soreness enter the picture, Menispermum canadense reflects Boericke's focused remedy state - a Moonseed remedy for megrim, spinal discomfort, dryness, itching, and restless nervous disturbance.

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