The Robert Scott Bell Show: Homeopathic Hits - Lupulus humulus

Lupulus humulus: The Nervous Exhaustion, Debauch Headache and Male Virility Remedy

Introduction:
Today's Homeopathic Hit is Lupulus humulus, commonly known as Hops. Boericke highlights this remedy for unstrung nervous-system states with nausea, dizziness, headache after a night's debauch, nervous tremors, wakefulness, delirium of drunkards, slow pulse, profuse clammy perspiration, infantile jaundice, urethral burning, and painful erections, sexual weakness in men.

Origin of Lupulus humulus:
Prepared from Hops, Lupulus humulus reflects a remedy picture centered on nervous excitation followed by heaviness, dullness, sleep disturbance, muscular twitching, digestive upset after alcoholic excess, clammy perspiration, skin sensations, and male sexual weakness.

Key Characteristics and Primary Uses

Unstrung Nervous System: Boericke emphasizes nervous-system weakness, morbid vigilance, excitation, giddiness, and stupefaction.
After-Debauch Headache: Dull, heavy headache with dizziness may follow a night's debauch.
Nausea and Dizziness: Nausea, giddiness, and headache are grouped together in the remedy picture.
Wakefulness and Delirium: Wakefulness, nervous tremors, and delirium of drunkards are prominent indications.
Drawing and Twitching: Drawing and twitching may occur in nearly every muscle.
Infantile Jaundice: Boericke includes infantile jaundice in the remedy picture.
Urethral Burning: Burning in the urethra is noted as part of its urinary action.
Slow Pulse: The pulse may be slow in this remedy state.
Profuse Clammy Sweat: Perspiration may be profuse, clammy, and greasy.
Daytime Drowsiness: Drowsiness during the day and sopor are included.
Male Sexual Weakness: Painful erections, emissions, and spermatorrhoea are listed, especially when connected with weakness.
Skin Sensations: The skin may feel as though insects were crawling underneath, with chapping, peeling, and a scarlatina-like eruption on the face.

Dosages and Potencies

Boericke's Dose: Tincture to third potency.
Lupulin: 1X trituration, noted by Boericke as best in seminal emissions and used locally in painful cancers.
Medium Potencies: 2x, 3x, 6x, 6c, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on nervous tremors, wakefulness, debauch headache, nausea, slow pulse, clammy perspiration, male sexual weakness, skin sensations, and Boericke's listed relationships
Coffea cruda: Boericke lists Coffea as an antidote; compare in wakefulness, nervous excitement, and over-stimulation.
Nux vomica: Compare in headache, nausea, nervous irritability, and after-effects of alcohol or excess.
Urtica urens: Compare in hives, itching, and stinging skin irritation.
Cannabis sativa: Compare where urinary burning and nervous symptoms overlap.
Avena sativa: Symptom-based comparison for nervous exhaustion, tremors, and depleted states.
Gelsemium sempervirens: Compare in heaviness, drowsiness, dullness, and nervous weakness.
Hyoscyamus niger: Compare in delirium, nervous excitation, and disturbed sleep states.
Selenium metallicum: Compare in seminal emissions, sexual weakness, and exhaustion.
Phosphoric acid: Compare in nervous prostration, debility, and weakness following drains on vitality.

Cautions:
Delirium, heavy alcohol use, persistent tremors, faintness, slow pulse, painful erections, spermatorrhoea, infantile jaundice, or painful cancer symptoms should be evaluated by a qualified health professional. This remedy discussion is educational and should not be used to delay appropriate care.

Conclusion:
When the nervous system feels unstrung, when wakefulness and tremors follow exhaustion or alcoholic excess, when the head feels dull and heavy with dizziness and nausea, and when clammy perspiration, slow pulse, skin crawling sensations, or male sexual weakness enter the picture, Lupulus humulus reflects Boericke's focused remedy state - a Hops remedy centered on nervous strain, disturbed sleep, debauch headache, and depleted vitality.

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