The Robert Scott Bell Show: Homeopathic Hits - Lepidium bonariense

Lepidium bonariense: The Lancinating Pain, Heart and Left-Sided Remedy

Introduction:
Today's Homeopathic Hit is Lepidium bonariense, also known as Brazilian Cress. The remedy picture centers on affections of the breast and heart, with lancinating pains, numbness and pain in the left arm, a sinking sensation in the pit of the stomach, tightness around the chest, and sharp left-sided pains involving the head, face, chest, hip, and knee.

Origin of Lepidium bonariense:
Prepared from Brazilian Cress, Lepidium bonariense reflects a remedy state marked by sharp, cutting, lancinating pains, especially on the left side of the body. Its picture links heart symptoms, chest constriction, throat burning, roaring in the ears, and pains extending through the neck, back, and extremities.

Key Characteristics and Primary Uses

Heart Symptoms: Affections of the heart are prominent, especially when associated with left arm pain and numbness.
Lancinating Pains: Sharp, piercing pains characterize the remedy picture.
Left-Sided Pain Pattern: The left side of the head, face, chest, hip, and knee may be affected by lancinating pain.
Left Arm Numbness and Pain: Heart symptoms may appear with numbness and pain extending into the left arm.
Sinking at the Pit of the Stomach: A sensation of sinking in the epigastric region accompanies the cardiac picture.
Razor-like Facial Pain: A streak of pain may run from the temple to the chin, as if the face were cut with a razor.
Chest Constriction: There may be a sensation of a tight girdle around the chest.
Knife-like Heart Pain: The heart pain may feel as though a knife were piercing the heart.
Burning in Throat: Burning sensations in the throat are part of the remedy picture.
Roaring in Ears: Auditory disturbance may appear as roaring sounds in the ears.
Neck, Back and Extremity Pain: Pain may extend into the neck, back, and limbs.
Breast Affections: The source text includes affections of the breast among the chief indications.

Dosages and Potencies

Boericke's Dose: No dose is specified in the supplied excerpt.
Low to Medium Potencies: 3x, 6x, 6c, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on heart symptoms, left arm numbness and pain, lancinating pains, chest constriction, throat burning, roaring in the ears, and Boericke's listed comparisons
Arnica montana: Boericke lists Arnica for comparison; consider where soreness, shock-like pains, and bruised sensations accompany the picture.
Lachesis: Boericke lists Lachesis for comparison; compare in left-sided symptoms, throat involvement, and cardiac or circulatory disturbance.
Spigelia: Compare when sharp, stitching, knife-like heart pains and neuralgic facial pains are prominent.
Cactus grandiflorus: Compare where constriction around the chest or heart feels like a tight band or girdle.
Crataegus: Homeopathic hawthorn berry for the heart.
Kalmia latifolia: Compare in neuralgic pains with heart symptoms and pain extending into the arm.
Aconitum napellus: Compare when acute heart anxiety, chest distress, and sharp pains arise suddenly.
Glonoine: Compare in throbbing head symptoms with vascular pressure and cardiac excitement.
Rhus toxicodendron: Compare when pains extend through the back and extremities with rheumatic features.

Cautions:
Chest pain, heart symptoms, numbness or pain in the left arm, tightness around the chest, or knife-like pain near the heart should be evaluated immediately by a qualified medical professional. This remedy discussion is educational and should not be used to delay urgent care.

Conclusion:
When sharp lancinating pains run through the left side, when the chest feels bound by a tight girdle, when the heart feels pierced as by a knife, and when numbness and pain move into the left arm with a sinking sensation at the stomach, Lepidium bonariense reflects a focused remedy picture - a Brazilian Cress remedy centered on heart symptoms, left-sided neuralgic pain, throat burning, and chest constriction.

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