The Robert Scott Bell Show: Homeopathic Hits - Juniperus communis

Juniperus communis: The Scanty Urine, Kidney Congestion and Edema Remedy

Introduction:
Today's Homeopathic Hit is Juniperus communis, commonly known as Juniper Berries. Boericke highlights this remedy for catarrhal inflammation of the kidneys, chronic pyelitis, dropsy with suppressed urine, strangury, bloody and scanty urine, weight in the kidney region, and urinary weakness especially in older persons with poor digestion.

Origin of Juniperus communis:
Prepared from Juniper Berries, Juniperus communis presents a remedy picture centered on the urinary organs, kidney irritation, scanty secretion of urine, dropsical states, and respiratory symptoms that appear alongside loaded or suppressed urine. Its traditional use also includes infusion or tincture forms.

Key Characteristics and Primary Uses

Catarrhal Kidney Inflammation: Boericke centers the remedy on catarrhal inflammation of the kidneys.
Dropsy with Suppressed Urine: Fluid retention may appear with marked suppression or scantiness of urine.
Older Persons with Scanty Urine: The remedy is noted for older persons with poor digestion and reduced urinary secretion.
Chronic Pyelitis: Chronic inflammation of the renal pelvis is included in the remedy picture.
Strangury: Painful, difficult urination with frequent urging may be present.
Bloody, Scanty Urine: Urine may be reduced in quantity and mixed with blood.
Violet Odor of Urine: Boericke notes a violet odor to the urine, comparing Terebinthina.
Weight in Kidney Region: A heavy sensation may be felt in the kidney region.
Prostatic Discharge: Prostatic discharge is included among the urinary indications.
Renal Hyperaemia: Congestion of the kidneys is part of the remedy picture, with Eucalyptol noted by comparison.
Cough with Loaded Urine: Respiratory symptoms may appear with scanty or loaded urine.

Dosages and Potencies

Boericke's Dose: Best form is the infusion: one ounce to a pint of boiling water.
Infusion Dose: One-half to two ounces.
Tincture Dose: One to ten drops.
Low to Medium Potencies: 3x, 6x, 6c, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on catarrhal kidney inflammation, dropsy with suppressed urine, chronic pyelitis, strangury, bloody scanty urine, renal congestion, prostatic discharge, and cough with loaded urine

Juniperus virginianus: Compare for vesical tenesmus, kidney hyperaemia, pyelitis, cystitis, dysuria, dropsy of the aged, and suppressed urine.
Terebinthina: Compare for bloody, scanty urine, violet odor, burning urinary symptoms, and kidney irritation.
Sabina: Boericke lists Sabina for comparison, especially within the Juniper family relationship.
Eucalyptol: Compare where renal hyperaemia and kidney involvement are prominent.
Cantharis: Compare in strangury, burning urinary pain, and intense bladder irritation.
Apis mellifica: Compare in dropsical states with scanty urine and kidney involvement.
Berberis vulgaris: Compare where kidney-region pain and urinary disturbance are prominent.
Pareira brava: Compare in difficult urination, strangury, and painful bladder effort.
Sabal serrulata: Compare where prostate symptoms and urinary weakness are central.
Bryonia alba: Consider starting with a liver polycrest.
Taraxacum: Homeopathic dandelion for liver and kidney support.

Cautions:

Suppressed urine, bloody urine, suspected kidney inflammation, dropsy, chronic pyelitis, or prostatic discharge should be evaluated by a qualified health professional. Urinary suppression and blood in the urine can indicate serious kidney or urinary tract disease and should not be ignored.

Conclusion:

When the kidneys become catarrhal and congested, when urine is scanty, bloody, suppressed, or difficult to pass, and when dropsy, chronic pyelitis, prostatic discharge, or cough with loaded urine enters the picture, Juniperus communis reflects Boericke's focused remedy state - a Juniper Berries remedy centered on kidney irritation, urinary suppression, and fluid imbalance.

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