The Robert Scott Bell Show: Homeopathic Hits - Iridium Metallicum

Iridium metallicum: The Exhaustion, Anemia, Septicemia and Spinal Weakness Remedy

Introduction:
Today's Homeopathic Hit is Iridium metallicum, The Metal. Boericke highlights this remedy for intestinal putrefaction and septicaemia, anaemia, exhaustion after disease, rheumatism, gout, lupus, epilepsy, uterine tumors, spinal paresis, and weak, puny children who grow too fast.

Origin of Iridium metallicum:
Prepared from the metal Iridium, this remedy reflects a deep constitutional picture involving weakness after illness, blood and tissue states, chronic catarrhal irritation, spinal weakness, kidney-region weakness, and left-sided hip and thigh symptoms. Boericke also notes its relation to red corpuscles and recovery after draining disease states.

Key Characteristics and Primary Uses

Exhaustion After Disease: Marked weakness may follow illness, with slow recovery of strength.
Anaemia: Boericke notes anaemia and states that the remedy increases red corpuscles.
Intestinal Putrefaction and Septicaemia: The remedy picture includes deep toxic states involving putrefactive and septic conditions.
Weak, Fast-growing Children: Children may be puny, weak-limbed, and grow too fast.
Spinal Paresis: Weakness of the spine is emphasized, especially in the aged or after disease.
Kidney-region Weakness: Weakness may be felt in the kidney region, with nephritis of pregnancy included in the picture.
Catarrhal Respiratory Symptoms: Hoarse cough, chronic laryngeal catarrh, and thick yellowish posterior nasal discharge may appear.
Head and Mind Symptoms: There may be difficult concentration, mental blankness, confusion, and a wooden feeling in the right side of the head.
Right-sided Scalp Sensitivity: The right side of the scalp may be sensitive, with profuse watery coryza that is better indoors.
Back and Hip Symptoms: Pressing in the groin and left thigh, thigh tension, and a dislocated feeling in the left hip-joint may occur.
Chronic Disease States: Boericke includes epilepsy, lupus, rheumatism, gout, uterine tumors, and exhaustion after disease.

Dosages and Potencies

Boericke's Dose: Sixth and higher.
Low to Medium Potencies: 6x, 6c, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on anaemia, exhaustion after disease, chronic catarrh, spinal paresis, kidney-region weakness, rheumatism, gout, and deep constitutional disturbance
Iridium chloride: Compare for salivation, stiffness of jaws, head and nervous symptoms, congestion of nares and bronchi, and dragging pain in the lower back.
Platina: Compare in deep nervous and constitutional states, especially when pelvic or uterine symptoms are prominent.
Palladium: Compare where pelvic, ovarian, or constitutional weakness enters the remedy picture.
Osmium: Compare in catarrhal and respiratory tract irritation with deep constitutional involvement.
Phosphoric acid: Compare in exhaustion after illness, debility, and weakness following depletion.
Phosphorus: Septic states with inflammation, fever.
Calcarea phosphorica: Compare in puny, fast-growing children with weak limbs and developmental strain.
Arsenicum album: Compare in septic, toxic, exhausted states with deep weakness.
Rhus toxicodendron: Compare in rheumatism, stiffness, and pains after illness.

Cautions:
Septicaemia, nephritis of pregnancy, epilepsy, lupus, uterine tumors, spinal paresis, chronic respiratory discharge, or severe exhaustion after disease require evaluation by a qualified health professional. This remedy discussion is educational and should not delay diagnosis or treatment.

Conclusion:
When exhaustion follows disease, when anaemia, weak limbs, fast growth, spinal paresis, chronic catarrh, and deep constitutional weakness gather into one picture, Iridium metallicum reflects Boericke's remedy state - a metal remedy centered on recovery after disease, blood weakness, nervous weakness, and chronic catarrhal disturbance.

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