The Robert Scott Bell Show: Homeopathic Hits - Helianthus Annuus

Helianthus annuus: The Intermittent Fever, Nasal Mucus/Bleeding and Spleen Remedy

Introduction:
Today's Homeopathic Hit is Helianthus annuus, commonly known as Sunflower. Boericke highlights this remedy for old cases of intermittent fever, nasal catarrh with bleeding and thick scabs, marked stomach disturbance with nausea and vomiting, black stools, spleen involvement, and rheumatic pain in the left knee.

Origin of Helianthus annuus:
Prepared from the Sunflower plant, Helianthus annuus presents a remedy picture centered on recurring fever states, catarrhal and haemorrhagic nasal symptoms, gastric upset, spleen congestion, and external tissue injury. Boericke also notes its external use as a vulnerary in a manner similar to Arnica and Calendula.

Key Characteristics and Primary Uses

Old Intermittent Fevers: Boericke includes longstanding or recurring intermittent fever states.
Nasal Catarrh: Coryza and chronic catarrhal irritation may occur with thick scabs in the nose.
Nasal Haemorrhage: Bleeding from the nose is part of the remedy picture.
Spleen Involvement: Helianthus annuus is specifically noted as a spleen remedy.
Nausea and Vomiting: The stomach is strongly affected, with marked nausea and vomiting.
Black Stools: Dark or black stools may accompany the gastrointestinal disturbance.
Dry Mouth and Pharynx: Congestion and dryness of the mouth and throat are prominent.
Heat and Redness of Skin: The skin may become red and hot during the complaint.
Left Knee Rheumatism: Rheumatic pain may center in the left knee.
Heat Aggravation: Symptoms are aggravated by heat.
Relief After Vomiting: Vomiting may bring relief to the overall symptom picture.
External Vulnerary Use: Boericke compares its external application to Arnica and Calendula for injured tissues.

Dosages and Potencies

Boericke's Dose: No internal dose is specified in the supplied excerpt.
External Use: Boericke notes external use as a vulnerary, similar to Arnica and Calendula.
Low Potencies: 3x, 3c, 6x, 6c, 10x, 10c.
Medium Potencies: 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on intermittent fever, spleen involvement, nasal catarrh and bleeding, nausea and vomiting, black stools, and rheumatic pain

China officinalis: Compare in intermittent fever states with weakness and spleen involvement.

Ceanothus americanus: Compare where splenic enlargement, tenderness, or congestion is prominent.

Ipecacuanha: Compare for persistent nausea and vomiting.

Nux vomica: Compare in gastric irritation, nausea, and digestive upset.

Hamamelis virginiana: Compare where nasal hemorrhage is prominent.

Phosphorus: For use is supporting bleeding cessation and fever.

Kali bichromicum: Compare in thick nasal crusts and chronic catarrhal discharge.

Rhus toxicodendron: Compare in rheumatic pain and stiffness.

Arnica montana: Compare for external injury and bruised tissue states.

Calendula officinalis: Compare for external wound support and damaged tissue.

Cautions:

Persistent fever, black stools, repeated vomiting, nasal bleeding, or suspected spleen enlargement should be evaluated by a qualified health professional. Black stools can indicate gastrointestinal bleeding and require prompt medical assessment.

Conclusion:

When an old intermittent fever returns with spleen involvement, when the nose becomes catarrhal, crusted, or prone to bleeding, and when nausea, vomiting, black stools, dryness, and heat enter the picture, Helianthus annuus reflects Boericke's focused remedy state - a Sunflower remedy centered on fever, catarrh, the stomach, the spleen, and rheumatic pain.

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