The Robert Scott Bell Show: Homeopathic Hits - Galanthus Nivalis

Galanthus nivalis: The Weak Heart, Irregular Pulse and Collapse Sensation Remedy

Introduction:

Today's Homeopathic Hit is **Galanthus nivalis**, commonly known as Snow-drop. Proved by Dr. A. Whiting of Vancouver, this remedy picture centers on **faintness, sinking sensations, a weak and irregular heart, violent palpitation, and the feeling of impending collapse.**

Origin of Galanthus nivalis:

Prepared from the Snow-drop plant, Galanthus nivalis reflects a remedy state marked by cardiac weakness, irregular and uneven pulse, palpitation, dull headache, dry sore throat, disturbed sleep, and profound sinking or faint sensations.

Key Characteristics and Primary Uses

Faintness and Sinking: Marked sinking sensations with weakness and a tendency to faint.

Collapse Sensation: The heart feels weak, with a sensation as though the person must fall.

Irregular Pulse: Pulse may be rapid, uneven, and markedly irregular.

Violent Palpitation: Strong, distressing palpitation appears prominently in the remedy picture.

Mitral Valve Picture: Boericke notes a systolic murmur at the apex and therapeutic benefit in mitral regurgitation with failing compensation.

Myocardial Weakness: Included in myocarditis with some degree of mitral insufficiency.

Head and Throat: Dull headache with a sore, dry throat.

Disturbed Sleep: Half-conscious, worried feeling during sleep.

Dosages and Potencies

Boericke's Dose: First potency to fifth potency.

Low to Medium Potencies: 6x, 6c, 12x, 12c, 15x, 30x, 30c.

Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on faintness, sinking sensations, irregular pulse, palpitation, mitral insufficiency, and myocardial weakness

Digitalis purpurea: Compare in weak, irregular cardiac action, faintness, and failing circulation.

Cactus grandiflorus: Compare where palpitation, cardiac weakness, and valvular distress are prominent.

Crataegus oxyacantha: Compare in weakened heart action, valvular insufficiency, and loss of compensation.

Convallaria majalis: Compare in mitral insufficiency, palpitation, and cardiac weakness with difficult breathing.

Spigelia anthelmia: Compare in violent palpitation and marked awareness of the heartbeat.

Adonis vernalis: Compare in cardiac weakness with irregular pulse and circulatory insufficiency.

Cuprum met: Additional support for heart's electrical balance, palpitations**.**

Cautions:

Fainting, chest pain, severe palpitation, an irregular heartbeat, shortness of breath, or symptoms suggesting heart failure require prompt medical evaluation. Mitral regurgitation and myocarditis are serious conditions and should not be self-treated.

Conclusion:

When the heart feels weak and uncertain, when the pulse becomes rapid, uneven, and irregular, and when faintness or a sinking sense of collapse dominates the picture, **Galanthus nivalis** reflects Boericke's remedy state - a Snow-drop remedy centered on **palpitation, mitral weakness, and failing cardiac compensation.**

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