The Robert Scott Bell Show: Homeopathic Hits - Epigea repens

Epigea repens: The Chronic Cystitis, Gravel and Bladder Straining Remedy

Introduction:

Today's Homeopathic Hit is Epigea repens, commonly known as Trailing Arbutus. Boericke highlights this remedy for chronic cystitis with dysuria, bladder tenesmus after micturition, muco-pus, uric-acid deposits, gravel, renal calculi, pyelitis, incontinence, and fine brown sand in the urine.

Origin of Epigea repens:

Prepared from the Trailing Arbutus plant, Epigea repens reflects a remedy picture centered on the urinary tract, especially chronic bladder irritation, difficult urination, gravelly deposits, and calculous tendencies. Boericke also notes croaking noise and rumbling in the bowels accompanying the urinary state.

Key Characteristics and Primary Uses

Chronic Cystitis: Long-standing bladder irritation with painful or difficult urination.
Dysuria: Difficult or painful urination is central to the remedy picture.
Tenesmus After Micturition: Straining or urgent bladder sensation continues after urinating.
Muco-pus in Urine: Boericke includes muco-pus in the urinary picture.
Uric-acid Deposit and Gravel: Urinary sediment, gravel, and calculous tendencies are emphasized.
Renal Calculi: Kidney stones are included in Boericke's description.
Fine Brown Sand in Urine: A characteristic finding is fine sand in the urine of a brown color.
Burning in the Neck of the Bladder: Burning is felt while urinating, followed by tenesmus afterward.
Pyelitis and Incontinence: Boericke includes pyelitis and incontinence of urine in the remedy picture.
Bowel Rumbling: Croaking noise and rumbling in the bowels may accompany the urinary symptoms.

Dosages and Potencies

Tincture: Boericke specifies tincture in 5-drop doses every 3 hours. RSB suggests 2x or 3x.

Medium Potencies: 6x, 6c, 12x, 12c, 15x, 30x, 30c.

Higher Potencies: Consult your favorite homeopath through **GNHShealing.com** or **VibrantLife247.com**.

Complementary Remedies

Based on chronic cystitis, dysuria, bladder tenesmus, muco-pus, uric-acid deposits, gravel, renal calculi, pyelitis, incontinence, and urinary catarrh

Uva ursi: Compare in chronic cystitis, urinary catarrh, and irritated bladder states.

Chimaphila umbellata: Compare for urinary irritation with mucus, bladder discomfort, and chronic catarrhal states.

Lycopodium clavatum: Compare where gravel, uric-acid deposits, renal calculi, and digestive rumbling enter the picture.

Pareira brava: Compare when there is difficult urination, bladder tenesmus, and severe urinary straining.

Cantharis: Burning and stinging pains with urination.

Uricum acidum: Indicated for presence of uric acid crystals (gravel).

Rhus tox: Known for assisting with excess uric acid, pain and inflammation.

Bryonia alba: Liver polycrest for use prior to any of the above remedies.

Taraxacum: Used for its positive impact on liver and kidneys.

Cautions:

Chronic cystitis, painful urination, urinary incontinence, pyelitis, kidney stones, gravel, or muco-pus in the urine should be evaluated by a qualified health professional, especially if symptoms are persistent, severe, or accompanied by fever, blood, or worsening pain.

Conclusion:

When chronic bladder irritation brings difficult urination, burning in the neck of the bladder, tenesmus after micturition, muco-pus, uric-acid deposits, gravel, renal calculi, and fine brown sand in the urine, Epigea repens reflects Boericke's focused urinary remedy picture - a Trailing Arbutus remedy for chronic cystitis, gravelly deposits, and lingering bladder distress.

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