The Robert Scott Bell Show: Homeopathic Hits - Cineraria maritima

Cineraria maritima: The Cataract, Corneal Opacity and Traumatic Eye Remedy

Introduction:

Today's Homeopathic Hit is **Cineraria maritima**, commonly known as Dusty Miller. Boericke notes this remedy for **cataract and corneal opacities**, especially where the eye condition has followed trauma. Its reputation is centered on external eye use continued over time.

Origin of Cineraria maritima:

Prepared from Dusty Miller, Cineraria maritima reflects a remedy picture focused primarily on **opacity of the lens or cornea**. Boericke describes its use externally by instillation into the eye, with its most notable reputation in traumatic cases.

Key Characteristics and Primary Uses

Cataract Reputation: Boericke notes that Cineraria maritima has some reputation in cataract cases.
Corneal Opacities: The remedy is also associated with cloudiness or opacity involving the cornea.
External Eye Use: Boericke describes external use by instilling one drop into the eye four or five times daily.
Long-Term Use: The external use noted by Boericke must be kept up for several months.
Traumatic Eye Cases: Boericke states that Cineraria maritima is most effective in traumatic cases.
Lens and Corneal Clarity Picture: The overall remedy picture centers on opacity and clouding affecting vision.
Localized Eye Focus: Unlike broad constitutional remedies, this entry is focused almost entirely on eye opacity conditions.

Dosages and Potencies

External Use Noted by Boericke: One drop into the eye four or five times a day, continued for several months.
Medium Potencies: 10x, 12x, 12c, 15x, 30x, 30c.
Higher Potencies: Consult your favorite homeopath through GNHShealing.com or VibrantLife247.com.

Complementary Remedies

Based on cataract, corneal opacity, traumatic eye injury, and opacity affecting vision

Phosphorus: Compare in cataract states and eye conditions involving visual disturbance.
Platanus: Compare in cataract and opacity pictures, especially where Boericke places it alongside Cineraria maritima.
Cannabis: Compare in cataract states and disturbances involving the eyes.
Causticum: Compare in cataract pictures, particularly where progressive clouding or weakness is part of the case.
Naphthalin: Compare in cataract conditions and opacity of the lens.
Ledum: Compare when eye troubles follow trauma or injury.
Natrum muriaticum: Compare in cataract states and chronic eye conditions involving visual impairment.
Silica: Compare in cataract and chronic opacity states, especially where healing after injury is sluggish.
Euphrasia: Covers many eye-related maladies.

Cautions:

Cataracts, corneal opacities, traumatic eye injuries, changes in vision, eye pain, redness, or discharge require evaluation by an eye-care professional. Do not put any substance into the eye unless it is prepared for ophthalmic use and recommended by a qualified practitioner.

Conclusion:

When opacity clouds the lens or cornea, when the eye picture follows trauma, and when the focus is on long-term external support for cataract or corneal clouding, **Cineraria maritima** reflects Boericke's focused picture - a Dusty Miller remedy with a long-standing reputation in traumatic cataract and corneal opacity cases.

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