# The Robert Scott Bell Show: Homeopathic Hits - Drosera

# Drosera: The Remedy for Deep Coughs and Respiratory Ailments

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**Introduction:**

Welcome back to the "Homeopathic Hits" segment of The Robert Scott Bell Show. Today, we're focusing on Drosera, a remedy often used for deep, barking coughs and respiratory ailments. This brief guide will delve into the various applications of Drosera, particularly its effectiveness in treating these conditions.

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**Origin of Drosera:**

Drosera, commonly known as the sundew plant, is a carnivorous plant that is used in homeopathy for its medicinal properties. The entire plant is harvested while it is in flower and then potentized to create the homeopathic remedy.

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**Key Characteristics:**

- **Physical:** Drosera is primarily known for its effectiveness in treating whooping cough, bronchitis, and other respiratory conditions with a deep, barking, and spasmodic cough.
- **Mental:** While there are not as many mental or emotional symptoms associated with Drosera, individuals may feel irritable or anxious due to the distress of constant coughing.

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**Primary Uses:**

- **Respiratory Ailments:** Drosera is a go-to remedy for intense coughs that are dry, spasmodic, and may end in gagging or vomiting.
- **Whooping Cough:** It is particularly indicated in whooping cough when the coughing spells are violent and come in rapid succession.

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**Dosages and Potencies:**

- **Low Potencies (6X - 30C):** Suitable for acute respiratory conditions and coughs.
- **Medium to High Potencies (200C - 1M):** Used for more chronic respiratory issues or when the cough is particularly debilitating.

Consult a qualified homeopath for the correct potency and dosage.

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**Complementary Remedies:**

- **Pertussin:** Can be used in conjunction with Drosera for whooping cough and other severe coughing conditions.
- **Spongia Tosta:** Often used after Drosera if the cough remains dry and barking but less spasmodic.
- **Bryonia alba:** This remedy is a liver polycrest and is used for coughs and lung issues as well.

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**Cautions:**

While Drosera is generally considered safe:

- Avoid self-prescribing for chronic or severe conditions.
- If symptoms persist or worsen, consult a homeopathic professional.

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**Conclusion:**

Drosera is a versatile homeopathic remedy, particularly effective for deep, spasmodic coughs and respiratory ailments. Stay tuned to The Robert Scott Bell Show for more enlightening dives into the world of homeopathy through our "Homeopathic Hits" segment.

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**Disclaimer:** This article is for informational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. Always consult your healthcare provider for any medical condition.